

Allergen Matrix

X

For cereals containing gluten, and nuts, the type of gluten and type of nut needs to be specified.

Signature Boards														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Breakfast Board		X		X			X							X
Spud and slice board All meats														
Spud & Slice Braised leek	X													
Spud & Slice 12 hour gravy	X	X												X
Spud & Slice Garlic mayo				X										
Spud & Slice Mustard Mayo				X					X					
Spud and Slice cheese saucei		X					X		X					
The sharing board		X		X			X							X
Dandelion Board		X					X							X
Surfboard		X	X		X		X							
Grazing Board		X		X									X	X

Review date: _____ Reviewed by: _____ Scan the QR code or visit ncass.org.uk/safetymanagementsystem for additional resources.



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Sunday														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Gammon	X	X		X			X							X
Beef	X	X		X			X							X
Chicken	X	X		X			X							X
Trio	X	X		X			X							X

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Kids and sides														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mini breakfast cheese toastie		X		X			X						X	X
potato stack	X	X												
kids snack Plate		X					X							X
fries														
Sourdough		X												
Salad									X					
Gravy	X	X												
Mustard mayo				X					X					
Garlic mayo				X										
Leek and cheese		X												

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PicNic														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Prov breakfast		X		X			X							X
Avo and eggs		X		X			X							
Breakfast Bun		X		X			X							
Eggs royale		X		X	X		X							
Beans on Toast	X	X												

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picnic's														
Dishes	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sourdough		X					X							
Seeded		X					X							
Brioche		X		X			X							
Ham mustard	X								X					X
Salami and pickle		X												X
Bacon and egg				X										
Cheese and tomato							X							
Chorizo and feta		X					X							
Sausage and onion		X												X
ham and pickle														X
Smoked salmon cheese					X		X							X
Cucumber and cheese							X							X
Side salad									X					
Crisps														
Sausage roll	X	X					X		X					
Porkpie	X	X												

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